



U.S. AIR FORCE

SPECIAL WARFARE

HIGH SCHOOL INVITATIONAL

SATURDAY, MAY 3, 2025, 7AM-1PM

JBSA-LACKLAND, CHAPMAN TRAINING ANNEX

ARE YOU READY TO BE GREATNESS IN ACTION?

This regional high school competition is a demanding and exciting, "rain or shine," team challenge for all multifaceted young achievers.

PARTICIPANTS:

- High school athletes, JROTC cadets, competitive students
- Can lift 25lbs
- Conduct pull-ups, push-ups, monkey bars

8-PERSON TEAM/DIVISION:

- Male
- Female
- Coed

AWARDS:

Medal winners in each category are determined by combined Toughest 2-Mile and Battleground competition scores.

EVENTS:

- The Toughest 2-Miles
 - Mile 1 - Team carries weighted patient litter with physical and cognitive challenge stops
 - Mile 2 - Team run without litter
 - *Prepare for mud
- Battleground Challenges:
 - U.S. Army Push-up Challenge
 - U.S. Marine Corps Pull-up Challenge
- Tug-of-War Tournament
 - Trophies awarded to each team division
 - *No gloves or cleats permitted

REGISTRATION:

- Open to first 40 teams who apply
- Deadline to register: **April 11, 2025**
- Registration link: **SW HS Invitational - Register**
- Teams will receive additional event information after registration has closed.